



Support the president's initiatives

**Gordon McNally: Creating Hope- A Look at the Year Ahead**



“Back in the virtual world today where, among other things, I had the chance to spend time with Regional Leaders in Rotary Zone 21. Thank you for your warm welcome and thank you for your commitment to Create Hope in the World.”

Gordon McNally  
Rotary International President  
RY 2023-2024



# Support the president's initiatives

## Gordon McNally: Creating Hope- A Look at the Year Ahead



*"Nothing could be further from the truth," McNally said. "Reaching out for help is courageous — and continuing on a path toward wellness is even more so."*

Gordon McNally  
Rotary International President  
RY 2023-2024

#TogetherWeCan  
#Rotary  
#mentalhealth



## Presidential Message

*At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.*

*It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member — because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.*

*We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we*

*serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.*

*These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.*

*Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel more connected to others. Study co-author David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."*

*This research suggests what we've known all along — that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a greater impact on ourselves and the people we serve.*



**Gordon McNally**  
**Rotary International President**  
**RY 2023-2024**



# Presidential Message

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*From P2*

*We are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years — and we will be looking to members of that group for leadership as we continue to build awareness.*

*Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will be highlighting them in the months ahead.*

*So let's work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services.*

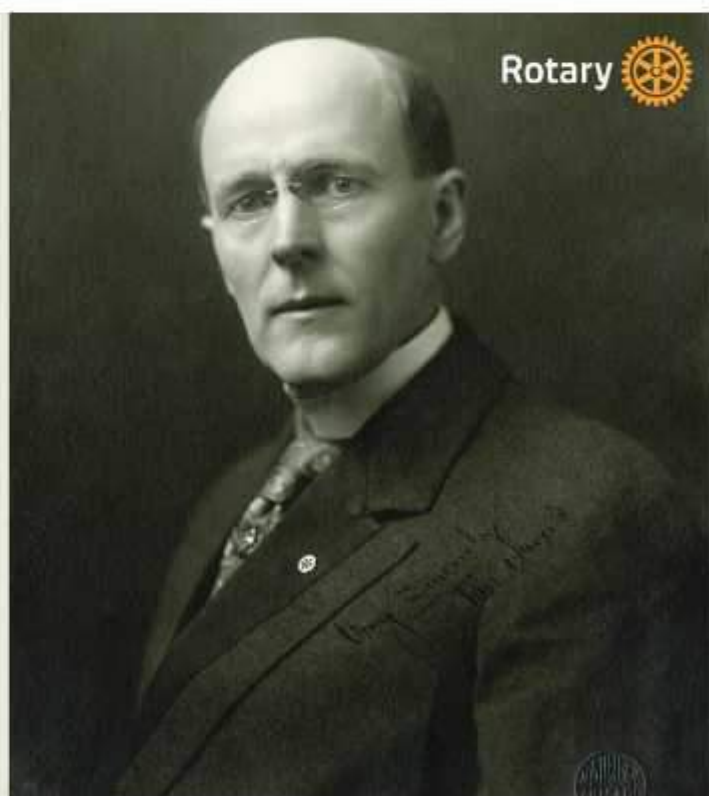
*Together, we will Create Hope in the World.*

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**"I have no hesitation in saying that world peace could be achieved and made permanent if reared on Rotary's firm foundation of friendliness, tolerance, and usefulness."**

**Paul Harris**  
founder of Rotary International  
1940 Convention





## Zone 21B Rotary Public Image Coordinator Message

*As every Rotarian knows, August is the second month of the Rotary year and all our clubs in our Zone21 continue to serve humanity with their magnificent projects. Of course, as the RPI team, our main mission is to work hard to inspire all our clubs and all Rotarians, and to introduce the incredible projects our clubs have produced to the community. This is exactly why we need your support to make our website [www.rotaryzone21.org](http://www.rotaryzone21.org), which was launched at the beginning of Rotary 23-24, have much richer content. For this enrichment, it is sufficient to contact the ARPICs who take charge of your district.*

*Another important development this month is that our website [www.rotary.org](http://www.rotary.org) continues to inform us with its new face and to be our face opening to the world. As you know, this site is an address where we promote our services and projects to the whole world. In addition, all Rotarians can access all the information they want to learn and know about Rotary from this address. For this reason, it is very important for all our Members to visit our website and it is our duty to encourage them to visit our website.*

*Rotary Institutes is an educational and fellowship organization held in each Rotary Zone in October-November each year. Before to Rotary Institutes, DGEs and DGNs receive their initial training for their Rotary years and develop friendships by increasing their acquaintance with their classmates. In this very important organization, you will have the opportunity to meet and spend time with many senior Rotarians, including of the Rotary International President. The Institute date, which will be held in Bucharest in October, is approaching, my advice is not to miss this amazing Rotary organization. You can find all the details about this organization at [www.institutebucharest.com](http://www.institutebucharest.com)*

*See you again next month.*

*Rtn. N.Altan Arslan*

*PP 05-06 Ankara Kızılay RC*

*PDG 18-19 D.2430*

*RPIC 23-26 Zone 23-26*



**N. Altan Arslan**

**PP 2005-2006 Ankara Kızılay RC**

**PDG 2018-2019 D2430**

**RPIC 2023-2026 Zone 21B**





**RPIC Philip Dyer**  
**Zone 19 & 20A Rotary Great Britain & Ireland**

In today's hyper-technological world, where our screens are filled with 24-hour TV, social media, high-definition imagery, and a myriad of content formats, capturing people's attention has become a challenging endeavour. Whether it's a social media post, a video, or a podcast, the visual appeal of your Rotary Service work is paramount to prevent it from being overlooked or swiftly scrolled past. In this digital age, it's essential to understand that people often make judgments based on appearances, which makes cultivating a vibrant and standout Rotary Public Image imperative.

Rotary's Public Image transcends mere name recognition; it's shaped profoundly by the actions of our members, the initiatives they embark upon, and the impact they have on communities, whether those communities are local or global. It's crucial to acknowledge that we are, at our core, People of Action.

A robust public image not only builds trust but also encourages engagement with Rotary. We can reinforce this image by sharing captivating stories that depict us as proactive individuals,

## RPIC Phil Dyer on...

### The Rotary Brand: Shaping a Vibrant Public Image

thereby inspiring others to join us. It is equally critical to use the appropriate branding and respect the image of our organisation, emphasising to the world that Rotary is genuinely a global force for good.

Promoting Rotary to the public can take various forms, from as simple as wearing your Rotary pin proudly to orchestrating comprehensive marketing campaigns. By enhancing the public's understanding of Rotary, we enhance our ability to create positive change in communities near and far.

Why should my club prioritise Rotary's public image?

Elevating Rotary's public image can yield numerous benefits for your club:

**Increased Awareness:** A stronger public image heightens awareness and understanding of Rotary, making it more appealing to potential members.

**Member Pride:** It fosters a sense of pride among existing members who can see the positive impact their club has on the community.

**Community Engagement:** It encourages community members to participate by donating their time and resources, further strengthening Rotary's mission.

**Differentiation:** It sets your club apart from other volunteer opportunities, making Rotary more attractive to those seeking meaningful engagement.



RPIC  
Phil Dyer on...

## The Rotary Brand: Shaping a Vibrant Public Image



*From P5*

How can I contribute to enhancing my club's public image?

As a Rotary or Rotaract member, you play a pivotal role as an ambassador for our brand. Here are some strategies to help bolster and make vibrant your club's public image:

**Websites:** Keep your club's website up to date with engaging content, including images, activities, and volunteer opportunities that attract community members. Link to stories and blog posts on [rotary.org](http://rotary.org) that showcase Rotary's global impact.

**Social Media:** Leverage the power of social media to reach a wider audience. Share news about your club's projects and invite followers to explore your club's website. Remember, captivating visuals are key in capturing attention in the digital realm.

**Events:** Organise programs, events, and service projects tailored to your community's needs, inviting the public to participate and witness Rotary's impact first-hand.

**Speaking Engagements:** Utilise speaking opportunities in your community to highlight your club's activities and Rotary's mission. Use Rotary-branded PowerPoint templates and high-quality visuals to make your presentations compelling.

**The Brand Centre:** is an invaluable resource for promoting Rotary and your club. It provides the tools and materials needed to effectively communicate Rotary's message. Plus, it's now more accessible than ever, with no need for logins!

By implementing these strategies, you can successfully promote your club's projects and, in turn, enhance Rotary's public image within your community. Remember, at our core, we are People of Action, and it's through these actions that we continue to make a lasting impact on the world!

Philip Dyer - RPIC Zone 19 & 20A Rotary Great Britain & Ireland







**ARPIC Alaeddin Demircioğlu**  
**District 2420/2430/2440**

## ARPIC Alaeddin Demircioğlu on...

### The Journey in Doing Service Above Self

#### SAPPLING DONATION BY DISASTER FUND-D2440

To our dear farmers in Hatay, who have been through a lot during these challenging times due to the series of some of the biggest earthquakes the Turkey has ever seen, have been send 10.000 sumac and 23.000 olive saplings by District 2440's Disaster Fund.

A Project of donating sumac and olive sapplings has been implemented for the farmers in Hatay. Hatay is the area most effected by devastating eartquake in February 6.

Since general livelihood of this is area is Agriculture and Animal husbandry farmers and villagers will mostly benefit from these saplings by reconstructing their gardens to earn their lives.





ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

'SUPPORTING THE FARMER, BREATH TO  
THE LAND' PROJECT OF HATAY  
METROPOLITAN MUNICIPALITY- D2420

As the International Rotary District 2420,  
we supported the Turkish farmers by pur-  
chasing 2 silage and 3 potato harvesting  
machines for the 'Supporting the Farmer,  
Breath to the Land' project of Hatay

Metropolitan Municipality. The silage corn planted on approximately 9,000 hectares in the region  
began to be harvested with machines purchased with the support of the Rotary Foundation. Hatay  
Metropolitan Municipality donates those machines to the villagers of the region, free of charge and  
harvesting can be done in a village almost everyday. RI District 2420 Governor Mehmet Altay, Dis-  
trict 2420 Foundation Committee Chairman Past Governor Hasan Akbayrak, District 2430 Foundation





ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

From P8

'SUPPORTING THE FARMER, BREATH TO  
THE LAND' PROJECT OF HATAY  
METROPOLITAN MUNICIPALITY- D2420

Committee Chairman Past Governor  
Canan Ersöz, District 2420 Committees  
Secretary Melek Yıldız and Earthquake  
Support Projects committee member

Cem Hakan Yurtsever delivered two new agricultural machinery to the Mayor of Hatay, Lütfü Savaş, on the field where the harvesting works were carried out. District 2420 Governor Mehmet Altay talked to the people of the region about the problems of the Earthquake Zone and exchanged ideas, and told the people of the region who affected by the earthquake that Rotary would continue to support them with new projects.





ARPIC

Alaeddin Demircioğlu on...

"ACCESS IS NOT A LUXURIOUS IT'S A HUMAN RIGHT, NO NEED TO FEAR"-  
ROTARY CLUB OF ADANA TASKOPRU,  
D2430

## The Journey in Doing Service Above Self

Although personal hygiene is a basic human right, approximately 500 million women and girls around the world cannot access the products

they need during their menstrual period and struggle with this problem throughout their lives. We aim to eliminate the personal hygiene problem of women and young girls, and we deliver menstrual hygiene products to the disadvantaged segments of the society with the income of these bracelets.



TOGETHER, WE

# EMPOWER

Potential shines brightest when it's inspired. That's why Rotary clubs invest time and expertise in encouraging others to be the best they can be. Empowering those who have big dreams to achieve great things — that's what people of action do. Learn more at [Rotary.org](http://Rotary.org).

Rotary  PEOPLE of ACTION



ARPIC

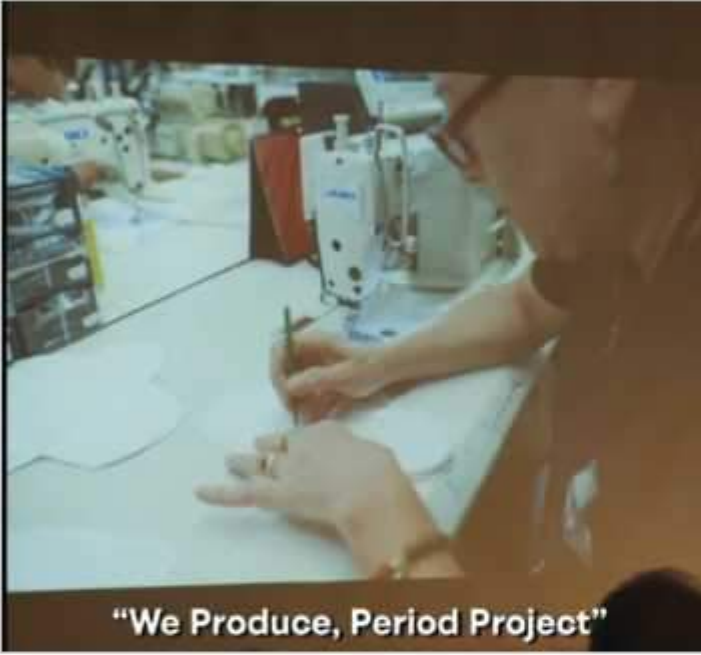
Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

personnel in Izmir with these projects. We are trying to employ 150 women a year. We will see its contribution to the economy by league. This issue is not just a women's issue, we need to work harder, men and women."

DISTRICT 2440

Rotary International District 2440 Governor Ayda Özeren said, "I think we are the hope magicians of the next period. It is necessary to work hard to encourage women to work life and to move them to a more spacious and just future. We are improving the lack of trained and qualified



"We Produce, Period Project"



(Adettendir Üretiyoruz Projesi).



for our women.



extraordinary things can be achieved



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Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

ROTARY REMEMBERED PROTEO  
D2420

Rotary did not forget the German Shepherd Dog Proteo, who was a member of the Mexican search and rescue team, who lost his life for the people of Adıyaman in the earthquake.

Rotary International Rotary 2420. Regional Federation on behalf of Proteo, the heroic rescue dog who worked with the search and rescue team that came to Adıyaman from Mexico to save the earthquake victim who lost his life in the great earthquake of the century, which happened on February 6, and who helped rescue 2 Adıyaman residents from under the rubble. The Animal Clinic, which was built using the Disaster Fund, was built and delivered to the Veterinary Directorate of Adıyaman Municipality.

Adıyaman Mayor Dr. Visiting Süleyman Kılınc, Rotary 2420th Regional Federation President Mehmet Altay, Past Governor and International Rotary Foundation Regional Officer Hasan Akbayrak, Nemrut Rotary Club Past President Ferit Binzet and accompanying regional officials, together with Hasvet officials, opened the Proteo Animal Clinic and went to the Veterinary Directorate. They made examinations at the delivered clinic.





## The Journey in Doing Service Above Self

of the Century, affected not only people but also animals. We have always stood by our people in Adiyaman on many different issues from education to health. I hope we will get through these difficult days together. Currently, we opened a clinic in Adiyaman, where the Mexican search and rescue team, who helped 2 people survive the earthquake, died in memory of the hero dog Proteo. Hopefully, from now on, this clinic will heal our souls on the street. Like Mexico, we will never forget the name of the heroic search and rescue dog 'Proteo'. And we will commemorate it with beauty," he said.

International Rotary Foundation Regional Officer Hasan Akbayrak said, "On the one hand, we are happy to touch various fields. Of course we served our people. We've been here since day one. We worked in containers, we worked with x-ray machines, we worked in ambulances, and we will do many more. Through this clinic, we once again experience that this world does not belong only to us. We are very, very happy. Because we can touch our animal friends, we are here to show them

From P12

### ROTARY REMEMBERED PROTEO D2420

Rotary 2420. Regional Federation President Mehmet Altay, who stated that they have been working intensely in Adiyaman and the earthquake provinces since the first day of the earthquake, said, "The earthquake, which we also call the Disaster





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Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

From P13

### ROTARY REMEMBERED PROTEO D2420

that their lives are precious. At the same time, dear Proteo, he gave his life for ours, but his name will live on in other souls. We are about to meet in many more beauties."

Veterinarian Yusuf Işık, who works at Adıyaman Veterinary Directorate, said in his speech, "This area is sufficient for us to provide healthier service to stray animals and we have more projects. Hopefully, we will continue to provide better service to stray animals in healthier conditions. The dog named Proteo, who came to Adıyaman from Mexico after the earthquake, saved our two lives in the wreckage, and detected two of our people. Afterwards, he passed away in Adıyaman due to age. For this reason, we named our clinic Proteo animal clinic to show our gratitude to Proteo. I would like to thank Rotary 2420th District Federation, Adıyaman Nemrut Rotary Club and everyone who contributed to this meaningful project."

Newly established clinic, X-ray machine, ultrasound, blood analysis

With its laboratory, cat and dog intensive care units, operating room and necessary fully equipped devices, it will serve for our souls to live healthy.





## The Journey in Doing Service Above Self

### MOBILE DENTAL CLINIC SUPPORT FROM ROTARY TO ADIYAMAN

Rotary International District 2440 delivered the Mobile Dental Clinic, which was provided by the Earthquake Fund provided by Rotary International, to Adıyaman Provincial Health Directorate.

In Adıyaman, where the wounds continue to heal after the Kahramanmaraş earthquake on February 6, 2023, Rotary continues its activities with social projects without slowing down. Pointing out that very important projects have been implemented especially in the field of Education and Health, Rotary International District 2440 Governor Ayda Özeren said; We continue to be hope, especially for our brothers from Adıyaman, on this path we started with the slogan of "Be Hope for the World". Since the first day of the earthquake, we have undertaken many projects by using the Rotary Earthquake Fund in Adıyaman and other provinces to share the suffering of our people, to heal their wounds and to meet the social needs of schools, health centers, hospitals and living spaces damaged in the earthquake.

All our Rotary clubs across Turkey used all their energies to help the region. We have saved hundreds of families from housing problems in many container cities. We built schools, distributed tents, and our clothing and food aids always continued. Saying health comes first we built a Mobile Dental Clinic in Adıyaman and today delivered it to our Provincial Health Manager Dr. Erdoğan Öz. In the coming days, we will bring and deliver another Mobile Health Center to Adıyaman with the hope that it will serve our people and distribute healing.





ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

*From P15*

### MOBILE DENTAL CLINIC SUPPORT FROM ROTARY TO ADIYAMAN

Rotary International District 2440 Governor Ayda Özeren, District Healthcare Committee Chair Mustafa Kemal Nas, Club Secretary Kerem Oranlı from Rotary Club of Nemrut, Club Foundation Chair Yaşar Koca

and Rotarians and Provincial Health Director, President of Public Hospitals Association. After the handover signing ceremony held in Adıyaman Provincial Health Directorate, Ali Kaplan made examinations at the Mobile Dental Clinic and did not neglect to take a souvenir photo together.

Our aim is to try to overcome these difficult days by working together. We sincerely thank the Rotary Club of Nemrut from District 2430, which is the sister club of our Rotary Club of Viryant from District 2440 affiliated with the District 2440. If they were not in Adıyaman, we would not know what Adıyaman needs and what it needs. However, they constantly share with us all the problems and needs of this city. We are giving our best support and we will continue to do so."





ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

### BAG SEWING TRAINING FOR WOMEN D2440

District 2440 as Rotary Club of Turgutlu and Rotary Club of Smyrna, we continue to be HOPE to our women.

Our goal with our Bag Sewing Workshop Event, sponsored by Singer;

Turgutlu Rotary Kulübü İzmir Smyrna Rotary Kulübü DÜNYAYA UMUT OL

SPONSORLUK

**SINGER**

KADINLARIMIZ İÇİN UMUT OL

Çanta Dikimi Workshop Etkinliği

	
3 AGUSTOS PERŞEMBE 11:00-14:00	4 AGUSTOS CUMA 11:00-14:00
Clutch Çanta Dikimi	Bez Omuz Çanta Dikimi

 Evrimin Yeri Kadınlar  
Kıraathanesi-Turgutlu





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Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

*From P17*

### BAG SEWING TRAINING FOR WOMEN D2440

"Sewing training, sewing machine usage training, tips training that will improve sewing skills, how to love sewing and how to make it a hobby, methods of creating their own fashion, sewing various bag models; also, housewives should receive training on how they can provide a source of income by sewing.





ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

RYLA EVENT-D2440

The first RYLA event of our term in District 2440 will be held by the 14th group clubs under the leadership of the Rotary Club of Urla on 18-19-20 August at Izmir University of Economics. The program is open to participants with and without

accommodation for 24 people with the title of "Rotary is Looking for Disaster Leaders of Tomorrow". In the training to be given within the scope of the event, the training of volunteers who will serve as a rescue team in case of any disaster will be provided. Emergency rescue training will be given to young people.



**Urla Rotary Kulübü**

**RYLA AFET 2023**

**ROTARY YARININ AFET LİDERLERİNİ ARIYOR**

**URLA ROTARY KULÜBÜ LİDERLİĞİNDE 14.GRUP KULÜPLERİ ORTAK ETKİNLİĞİ**

**KONUK KONUŞMACILAR**

**PROF.DR. FERHAT MATUR**  
AFET BİLİNÇLENDİRME

**AV.GÜLÜN EGELİ**  
AFET YÖNETİMİ

**GÖKHAN AK**  
AFET ARAMA KURTARMA

**PSG.DR. TÜRKAN GÜNAY**  
HALK SAĞLIĞI

**PSG.DR. ÖZGE ALKANAT**  
KLİNİK PSİKOLOJİ & GELİŞİM PSİKOLOJİSİ

**ERHAN GÖKDAĞ**  
BÖLGE AFET VAKIF SORUMLUSU

**MUSTAFA BAYINDIR**  
EĞİTİM & PROFESYONEL KOÇ

**SERKAN ÖZİZMİR**  
BUSINESS TRAINER

**KATILIM İÇİN**  
**0(532)431 22 56**  
BERNA ÜZER-URLA RK DÖNEM BŞK.  
**0(532)321 19 45**  
AHMET ERTÜZ-URLA RK SAYMANI

**18-20 AĞUSTOS 2023**  
**İzmir Ekonomi Üniversitesi**

**14. GRUP KULÜPLERİ**

**İzmir Buca Rotary Kulübü**

**2440. Bölge Rotary E- Kulüp**

**İzmir Güztepe Rotary Kulübü**

**İzmir Kordon Rotary Kulübü**

**Urla Rotary Kulübü**

**Rotary 2440.Bölge**

**DÜNYAYA UMUT OL**



ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

### 4TH ESKİŞEHİR HALF MARATHON AND SPORTS FESTIVAL: COLLABORATIVE EFFORTS TO RAISE AWARENESS ON SUBSTANCE ADDICTION AND POLIO

The 4th edition of the Eskişehir Half Marathon and Sports Festival witnessed a remarkable collaboration among the Eskişehir Rotary, Rotaract, and Interact

clubs, united with a mission to enhance awareness about the dangers of substance addiction.

At the heart of the festival, the Rotary Clubs came together to set up an impactful booth. In addition to their efforts concerning substance addiction, they also embarked on raising awareness about Polio, a debilitating childhood paralysis caused by the poliovirus. This initiative aimed to shed light on two crucial issues that profoundly impact society.

Throughout the course of the festival, visitors were provided with essential information regarding the risks associated with substance addiction and the effects of Polio. The booth served as a platform to educate attendees and foster a more informed and conscious community.

The interest and positive feedback garnered during the festival underscored the significance and effectiveness of these initiatives. The collaborative endeavors of the Eskişehir Rotary, Rotaract, and Interact clubs in this awareness campaign underscored the potency of community engagement.

In the years to come, the clubs remain steadfast in their commitment to nurturing societal awareness through similar events. By organizing activities that address pertinent issues, they aim to make a meaningful difference within the community.

As part of their participation, members of the Eskişehir Anatolian Rotary Club, M. Cem Alaybeyoğlu and Esen Yücel, alongside Çağdaş Şermet from the Eskişehir Rotary Club, took part in a 10 km awareness run as part of the event.





ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

### REMOVAL OF GHOST NETS-BOTTOM AND COASTAL CLEANING PROJECT D2440

District Governor, Mayor of Çeşme, District Governor of Çeşme, Rotarians and other participants sensitive to nature - 20 bags of garbage were collected from the shore in a short time. The garbage in question was collected by the participants by swimming ashore, where the boats could

not dock, and the garbage was taken to the boat by swimming from the sea.

Unfortunately, the amount of ghost nets is beyond our ability to measure. Because in order to remove these nets, our diving team collected them by making separate dives for 4 days.

The garbage was transported to the Municipality's recycling facilities.

While all these works were being done, a fun environment was created to make this organization enjoyable. At the same time, in our project, which was instrumental in the development of friendships, environmentally sensitive measures were taken, each participant consumed their drinks with their own thermos, there was no plastic consumption, and the garbage of the boat was separated.

All of this organization was filmed by Habitat TV and a special episode was dedicated to this project by the channel in question.



## Removal of Ghost Nets - Bottom and Coastal Cleaning Project

August 11,2023





ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

HEALTHY STEPS PROJCT- D2420

We began implementing our second project, "We overcome obstacles with love," between 01/07/2023 and 30/06/2024. When medical foot care is required for our children and teens with disabilities, it is hoped that it would include orthotics, prosthetic insoles, and foot analysis so that they can live their daily lives more easily.

Due to the pressure on our individuals with disabilities' feet and nails, we can encounter deformed nails, ingrown nails, calluses, cracked heels, and other issues.

Medical care can help to reduce these issues. Our initiative is supported by Acıbadem University, Harran University, Podider (Podology Association), Kalecan Orthopedics, and the Rotary family. This initiative, which is a large service project, aims to serve 50 students.

We intend to begin and expand our disabled population with members of the Autism Association and the Adalya Foundation, both of which are affiliated with the municipality. Podologists in Turkey, including myself, will support this effort.

I am very excited to spend a year working on this service project.

Yours sincerely with Rotarian love,  
Rtn DEFNE Dilsiz  
Perge RK  
2023-2024 Term President

Antalya Perge  
**Rotary**  
Kulübü

DÜNYAYA  
UMUT OL

**WE OVERCOME OBSTACLES WITH  
OUR LOVE ARE YOU IN?**

**MEDICAL FOOT CARE  
INK FOOT ANALYSIS  
NEED FOR INSOLES  
NEED FOR ORTHOTIC PROSTHESIS**

**WITH LOVE  
HEALTHY STEPS  
OUR PROJECT HAS STARTED**

PROJECT START DATE: 1 JULY 2023  
PROJECT COMPLETION DATE: 30 JUNE 2024

KALECAN  
ORTOPEDİ



ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

### CANAKKALE ROTARY SWIMMING COM- PETITION- D2440

As every year, International Rotary District 2440 Rotary Club of Çanakkale organized the thirty-sixth Çanakkale Strait Swimming Competition this year. In the swimming competition organized for the sake of world peace, a total of 801 swimmers from 20 different countries between the ages of 18 and 80 swam

## 36.Çanakkale Rotary Swimming Competition





## ARPIC Alaeddin Demircioğlu on...

### The Journey in Doing Service Above Self

*From P23*

#### CANAKKALE ROTARY SWIMMING COMPETITION- D2440

through the Dardanelles Strait 4.5 nautical miles in length. Awards were given to the swimmers who succeeded top degrees.

Launched this first time virtual swim platform app in swimming competition and created fundraising on behalf of "Empowering Girls"





ARPIC

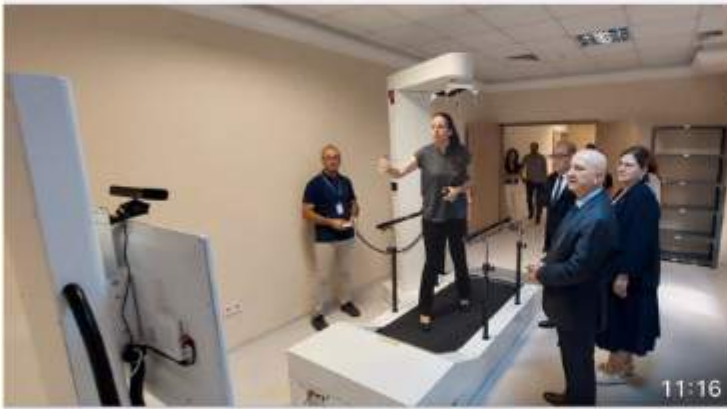
Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

### MEDICAL THERAPY DEVICES TO MARMARA UNIVERSITY FROM DISTRICT 2420

Donation from International Rotary District 2420 to Marmara University Pendik Training and Research Hospital, Pediatric Rehabilitation Unit Başibuyuk Campus Polyclinic is used for the treatment of all patients who need it. Especially earthquake victims who need physical rehabilitation

and are waiting due to the absence of this device in the hospital, although they survived the 6 February earthquake with injuries. We have delivered the partial weight, walking and long-term therapy device offered. We held our delivery and protocol signing ceremony with the university.



**Rotary**  
Zone 21B



**CREATE HOPE  
in the WORLD**



ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

### PEDAL TO HOPE ON A BICYCLE PROJECT- D2430

Our nation was rocked by a massive earthquake on a cold winter night at 04:00 on 6th February 2023. In an instant, people who had everything lost it all. Rotary clubs from our country and all around the world came together to reach Hatay, which had the most damage and was the most affected by the

earthquake. We first addressed the basic needs of shelter, water, food, clothing, cleaning and hygiene materials, etc. While fulfilling basic necessities, we considered ways to address the traumas experienced by our community, particularly children. After conducting research, we concluded that bicycles would bring them the most joy. In our nation, we celebrate national holidays with great zeal. As the 30 August Victory Day, which commemorates the establishment of our Republic, is one of our significant national holidays, we plan to provide bicycle support.





ARPIC

Alaeddin Demircioğlu on...

## The Journey in Doing Service Above Self

From P26

### PEDAL TO HOPE ON A BICYCLE PROJECT- D2430

Therefore, we proposed an idea to celebrate the 100th anniversary of our Republic in ROTARY CONTAINER village, Hatay Samandağ, with a similar enthusiasm. Initially, this idea appeared unattainable, but we believe it's achievable. We started

right away and let everyone in our area know. After 2.5 months of hard work, we gathered 120 bicycles, which we distributed on 30th August. The ceremony was very emotional, and many people came to see it. Despite feeling exhausted, the joy on the children's faces made all the fatigue disappear. We not only gave out bikes, but also teamed up with the council to create a play area. We brought along a dental van and checked the children's teeth as well as running heart checks. Families with infants were given pushchairs, baby seats and outfits. To top it off, we held sessions to promote bike riding and ran a poetry competition with scholarships awarded to the top three students. At the end of the day, many people were pleased, and we saw hundreds of delighted children. Our injuries from the earthquake are severe, but we will remain supportive of our community. We express gratitude to everyone who aided us on behalf of the Hatay Samandağ locals.





## ARPIC Alaeddin Demircioğlu on...

### The Journey in Doing Service Above Self

## STUDENT EXCHANGE PROGRAM FROM DISTRICT 2430 TO DISTRICT 3523 AND FROM DISTRICT 4170 TO DISTRICT 2430

Liam Andrey Munoz Almeida has arrived August 29, 2023 to Ankara, Turkey from Mexico for attending Exchange Rotary Program. His family is a member of the Rotary Club in Mexico (D.4170). Liam is being hosted by Maltepe Rotary Club (D.2430).

His departure will be July 01, 2024 which is the end of his exchange program.

Can Ertaş has arrived August 20, 2023 to Taipei, Taiwan from Türkiye for attending Rotary Youth Exchange Program. Since his family is a member of Kızılay Rotary Club in Türkiye (D.2430), Can is supported by Kızılay Rotary Club. Can is being hosted by Rotary Club of Taipei Ruei Guang (D.3523). His departure will be June 22, 2024 which is the end of his exchange program.







**ARPIC Maria Mastora**  
**District 2475- Rotary & Rotaract**

## ARPIC Maria Mastora on...

### The Journey in Doing Service Above Self

#### DISTRIBUTION OF FOOD FOR ANIMALS AFFECTED BY THE WILDFIRES 2475 D / RC RHODES COLOSSOS

We managed to get 80 hay balls. Their distribution, under the responsibility of Forest Service, is done to animals and will be placed where they deem right. Next week 80 more hay balls will be distributed if needed. Funds for this supply of hay balls come from the following clubs/associations:

- Association of Environment Protection of Rhodes Island      ■ Rotary Club Rhodes-Kolossos
- Association of Architectural Cultural Heritage      ■ Vi som älskar Rhodos
- Kalithea Cats, Rhodes





ARPIC

Maria Mastora on...

RC IRAKLEION CANDIA DELIVERED TO  
THE SOCIAL DRUGSTORE OF THE  
MUNICIPALITY OF IRAKLEION MEDICINES  
NEEDED- D2475

## The Journey in Doing Service Above Self



### A SIGN OF LOVE AND FRIENDSHIP- D2475

Members of RC Heraklion-Candia handed over to the President of Herodotos Athletic Association located in Heraklion, Crete, a defibrillator for the needs of Herodotos team. This donation was made by our club, whereas it was sponsored by our member rotarian Stavros Petromihelakis. President Anna Kokkinou Petromihelaki and the Board of our Club thank rotarian Stavros Petromihelakis for his action. It is a sign of love and friendship for the fellow human beings.





ARPIC

Maria Mastora on...

## The Journey in Doing Service Above Self

### SAMARITAN VOLUNTEERS TEAM- D2475

Rotary e- Club Greece proceeded to the gathering of medical supplies and medicines for the Samaritan volunteers of Ierapetra-Crete. Samaritan volunteers team has a large area under its supervision along with the provision of first aid to those affected by the wildfires. The medical supplies consisted of gauges, saline, antiseptics, syringes along with medical gear specific for skin burns. Supplies will be used by the community pharmacy of the area which is managed by the Samaritans.





ARPIC

Maria Mastora on...

## The Journey in Doing Service Above Self

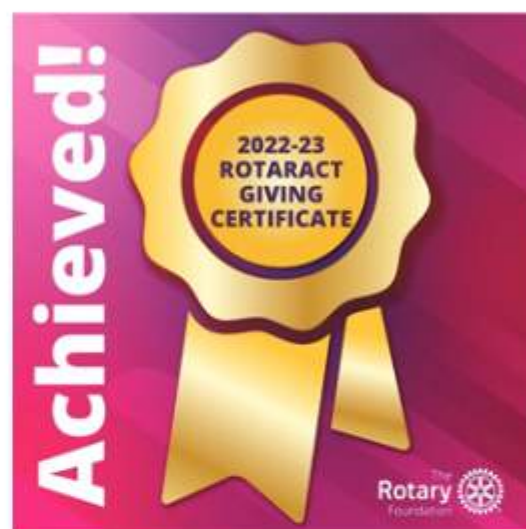
### ROTARACT GIVING CERTIFICATE 2022 - 2023 - D2475

Congratulations to Rotaract Club of Athens, Rotaract Club of Athinai - North, Rotaract club of Thessaloniki East and Rotaract Club of Kifissia-Kastri for receiving the Rotaract Giving Certificate 2022 - 2023

Congratulations to the more than 640 Rotaract clubs that earned the 2022-23 Rotaract Giving Certificate! This award recognizes clubs whose members have contributed a total of at least US\$100 to The Rotary Foundation during the year. Each club will receive a certificate signed by 2022-23 Trustee Chair Ian H.S. Riseley.

These clubs contributed more than US\$242,000 to the Foundation last year, nearly triple the approximately US\$87,000 raised in 2021-22. The number of the clubs that achieved the certificate also reached a new high, more than double the 313 that earned it in the previous year.

Since 2019-20, Rotaractors have contributed more than US\$438,500 through the certificate program to our Foundation, which supports the life-changing work of members around the world.



### PHARMACEUTICAL PRODUCTS & NECESSITIES - D2475

RC Kifissia Kastri and Rotaract Kifissia Kastri, offered to the National Volunteers Center Help Hellas medical consumables and pharmaceutical products, as well as necessities, in order to be transferred to Parnitha and Menidi area, suffered from the wild fires.



**ΕΣΚΕΔ**  
ΕΘΝΙΚΟ ΣΥΜΒΟΥΛΙΟ ΚΕΝΤΡΟ ΕΛΠΙΣΜΕΛΛΑΣ  
HELPHELLAS

**ΕΠΕΙΓΟΝ**

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για Πάρνηθα - Μενίδι

ΑΜΕΣΗ ΑΝΑΓΚΗ ΓΙΑ:

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- Εμφιαλωμένα νερά
- Ξηρά τροφή
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Η βοήθεια σας είναι απαραίτητη!

ΕΠΙΜΕΘ ΣΥΛΛΟΓΗΣ:  
Ακαδημία Εθελοντισμού HELPHELLAS  
Καραή 30 Κηφισιά (Πάντα δίπλα στο Νοσοκομείο ΚΑΤ)  
Τηλ: 690 6259810, 693 6979107





ARPIC

Maria Mastora on...

## The Journey in Doing Service Above Self

### NECESSITIES FOR THE FIREFIGHTERS - D2475

RC Nestos proceeded to a campaign in order to collect necessities for the firefighters who confronted the wildfires of Nestos Municipality. Items offered were: bottled water, breakfast meals for the firefighters and camp beds.





ARPIC

Maria Mastora on...

## The Journey in Doing Service Above Self

FOLLOWING DIONYSOS MUNICIPALITY'S DEMAND, RC DIONYSOS OFFERED NECESSITIES FOR THE FIRE BRIGADE AND THE VOLUNTEER FIGHT FIGHTERS WHO FIGHT WITH THE DEVASTATING FIRES. - D2475



FOLLOWING DEVASTATING FIRES IN  
THE NORTH OF GREECE - D2475

ROTARACT with the financial support of RID 2475, offered to the Fire brigade of Alexandroupolis 20 gas masks with relative filters, of a total cost of 500 euro.

Warmest thanks to RID 2475 Governor, Dimitris Bekos for his support.





ARPIC

Maria Mastora on...

## The Journey in Doing Service Above Self

RC RHODOS-KOLOSSOS - D2475

thanks Municipality of Kifissia and RC Kifissia-Kastri for collecting and sending necessities destined to the inhabitants of the island of Rhodes, affected by the fires.

Medical and pharmaceutical materials were given to the social pharmacy and long life food, items of personal hygiene and linen were given to the Church of Holy Apostles. - D2475



RC IRAKLEIO EL GREECE COLLECTED NURSERY AND CHILD ITEMS, PERSONAL HYGIENE ITEMS, CLOTHS AND FOOD WHICH WERE GIVEN TO A 5 MEMBERS POOR FINANCIAL SITUATION FAMILY - D2475





ARPIC

Maria Mastora on...

## The Journey in Doing Service Above Self

### THE TRADITIONAL HONORARY AWARD OF DISTINGUISHED STUDENTS - D2475

It was successfully held by RC Kos on September 1st.

Present were students of Kos high schools, their families, high school principals and teachers.

Following a draw Spiros Giannopoulos was the lucky student who won in form of a scholarship the apartment rent for an entire year.



**Rotary**  
Zone 21B



**CREATE HOPE**  
in the **WORLD**



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Maria Mastora on...

## The Journey in Doing Service Above Self

RC KOROPI WAS REPRESENTED IN CANAKKALE SWIMMING COMPETITION BY MEMBERS PDG AND PARPIC MARIA DELIVORIA AND PAG AND ARPIC MARIA MASTORA - D2475

Many thanks to our friends for their exceptional hospitality and congratulations to RC Canakkale for the organization for the 36th time, of such a big event. - D2475







**ARPIC Tanya Georgieva**  
**District 2482**

A ROTARIAN, A POLIO SURVIVOR, CROSSES 16 COUNTRIES IN EUROPE TO SUPPORT ROTARY INTERNATIONAL IN RAISING FUNDS TO FIGHT THE DEVIOUS DISEASE.-D2482

Dear fellow! The members of Zone 21B Public image team are pleased to inform you about the "My journey to EndPolio" initiative, whose goal is to support the global polio eradication. It is initiated by Bashar Asfour, member of Rotary club Tbilisi Ambassador, District 2452, who overcame the severe infection with a problem of paralysis of the legs since infancy.

To promote the global project of Rotary International under the motto "Together, We can EndPolio", Bashar started a journey through 16 European countries.

The electric Volkswagen ID.Buzz is provided by the sponsor VW/Austria.

#### MY JOURNEY TO ENDPOLIO PROJECT

The initiative aims to raise awareness and gather the necessary funds to fight Polio, the most important project of Rotary International. By highlighting the severe consequences of the disease with his personal story, he will point out

## ARPIC

### Tanya Georgieva on...

#### The Journey in Doing Service Above Self

the importance of vaccination and inspire many Europeans to make personal donations to support this No.1 Rotary project.

As Rotarian, Bashar Asfour has taken on the personal mission of eradicating polio on a global scale. His journey is an example of strong will and dedication to the cause. By the end of his Journey To EndPolio he will have traveled about 9,500 kilometers in 55 days, crossing 16 countries, and meeting with Rotarians from 30 Rotary Districts. Bashar Asfour will end his journey in Chemnitz, Germany on October 21st, where all German Rotarians will together celebrate together World Polio Day.

## MY JOURNEY To End POLIO





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Tanya Georgieva on...

## The Journey in Doing Service Above Self

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A ROTARIAN, A POLIO SURVIVOR, CROSSES 16 COUNTRIES IN EUROPE TO SUPPORT ROTARY INTERNATIONAL IN RAISING FUNDS TO FIGHT THE DEVIOUS DISEASE.-D2482

### ABOUT BASHAR ASFOUR:

He got infected with Polio when he was just 10 months old. His prolonged treatment was marked by moments of unbearable pain and suffering and spent his youth in hospitals and medical institutions, battling the results of the severe infection, undergoing multiple surgeries, and being supported by his family throughout: "The removal of pins inserted were truly painful and I remember my tears were flowing continuously, not because of the pain but of the joy of being able to do the last phase in my recovery enabling me to walk even with a limp but with no crutches or using my hand to hold my knee while walking. Vaccination is extremely important and we never should take this mission for granted", according to Bashar Asfour.

For over 35 years, Rotary International has spearheaded the fight against polio, achieving significant progress in reducing cases by over 99.9 percent through its partnership with the Global Polio Eradication Initiative. However, recent findings of poliovirus in London's sewage after nearly four decades underscore the ongoing importance of worldwide polio eradication efforts.





# ARPIC

## Tanya Georgieva on...

### The Journey in Doing Service Above Self

*From P*

A ROTARIAN, A POLIO SURVIVOR, CROSSES 16 COUNTRIES IN EUROPE TO SUPPORT ROTARY INTERNATIONAL IN RAISING FUNDS TO FIGHT THE DEVIOUS DISEASE.-D2482

Currently, only two countries, Afghanistan and Pakistan, remain endemic to polio, with wild poliovirus transmission yet to be interrupted. Without sustained eradication endeavors, over 20 million healthy individuals face the risk of paralysis caused by the virus. In line with its commitment, Rotary aims to raise \$50 million annually for the next three years, with every dollar matched by an additional two dollars from the Gates Foundation. This expanded agreement will amount to a total of up to \$450 million to support the Global Polio Eradication Initiative.



# ENDPOLIONOW



# ARPIC

## Tanya Georgieva on...

### The Journey in Doing Service Above Self

*From P*

A ROTARIAN, A POLIO SURVIVOR, CROSSES 16 COUNTRIES IN EUROPE TO SUPPORT ROTARY INTERNATIONAL IN RAISING FUNDS TO FIGHT THE DEVIOUS DISEASE.-D2482

#### LOOKING FOR MORE INFORMATION

Official website: <https://myjourneytoendpolio.com/>

Central fundraiser:

[https://raise.rotary.org/djozic\\_myjourneytoendpolio-fundraiser1](https://raise.rotary.org/djozic_myjourneytoendpolio-fundraiser1)

You may follow Bashar's Journey progress on his Instagram and Facebook profiles

<https://www.instagram.com/myjourneytoendpolio/>

<https://www.facebook.com/MyJourneyToEndPolio>

Do not hesitate to contact us!

[rotarypublicimagezone21b@gmail.com](mailto:rotarypublicimagezone21b@gmail.com)





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Tanya Georgieva on...

## The Journey in Doing Service Above Self

### ROTARY CLUB SEVLIEVO PROVIDED A NEW OUTDOOR FITNESS FACILITY -D2482

Rotary club Sevlievo is one of the most active clubs in Central Northern region of Bulgaria. The club members have been engaged with local community, serving the needs and doing the best to provide better living conditions the people around. The Rotarians are closely looking after the sponsored Interact club.

At the beginning of July, 2023, Rotary Club Sevlievo opened a new outdoor fitness facility in the Kazarmite city park. The facility is equipped with a variety of fitness equipment. It is open to the public and free to use.

The project was funded by a Rotary Foundation grant. Donations from local business and individuals had been involved. Rotary Club Sevlievo members also devoted their time as volunteers to help build the facility.

The opening ceremony was attended by City mayor Ivan Ivanov, District 2482 Governor Christo Mihailovski, and representatives from the city's government and business communities.





### The Journey in Doing Service Above Self

*From P42*

#### ROTARY CLUB SEVLIEVO PROVIDED A NEW OUTDOOR FITNESS FACILITY -D2482

The District governor focused on the importance of physical activity and encouraged residents to use the facility in the speech he delivered.

Daniela Hristova, president of the Rotary club was really glad to express her gratitude to everyone who contributed to the project. The hope of the club members is that the facility will be a place where people can come together to stay active and healthy.

The new outdoor fitness facility is a great example of how Rotary clubs can make a positive impact on their communities.



#### INTERNATIONAL MURAL COMPETITION "THE BENEFACTORS OF TARNOVO" IS ORGANIZED BY ROTARY CLUB VELIKO TARNOVO -D2482

An international public competition for a facade mural-decoration on the theme "The benefactors of Tarnovo" is organized by Rotary Club Veliko Tarnovo. Bulgarian and foreign authors can participate. The competition is part of the series of initiatives with which the Rotarians of Veliko Tarnovo celebrate their 85th anniversary.





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

From P43

### INTERNATIONAL MURAL COMPETITION "THE BENEFACTORS OF TARNOVO" IS ORGANIZED BY ROTARY CLUB VELIKO TARNOVO -D2482

The project expands the initiative of the Rotarians to create awareness of the great donators in Veliko Tarnovo.

The competition has a guaranteed prize fund. It gives the opportunity for the wide participation of creatives, with the potential to generate ideas for a better urban space. It also involves the public. Citizens are given the opportunity to express their opinion by determining one of the winners. People will be able to vote in a special section on the Facebook page of Veliko Tarnovo Rotary Club.

Bulgarian and foreign authors or teams, professionals in the field of architecture, visual arts and design can participate in the competition. The invitation is also good for students who are currently studying in the relevant fields of higher education.

The projects will be examined by a seven-member jury. The competition will be held in two stages. The official start of the competition is on September 5, 2023. The deadline for submitting proposals is up to and including November 22, 2023. From November 30 to December 14, 2023 is the time given to the public to vote for the "Audience Award". On December 19, 2023, the results of the first stage will be announced.

The second stage of the contest continues until January 19, 2024. The announcement of the final winner of the contest will be on January 23, 2024. All about the contest can be seen at:  
<https://rotaryvt.org/contest>



Rotary Club Veliko Tarnovo

# публичен конкурс

## Дарителството

висока провиз на хуманизъм

Конкурсът е организиран от Rotary Club Veliko Tarnovo с цел да се повиши общественото съзнание за ролята на дарителите в развитието на града и да се стимулира интересът на гражданите да участват в подобряването на общественото пространство. Конкурсът е организиран в партньорство с Община Велико Търново.

## Благотетелите

на Велико Търново

Михаил Каравелов (1868 – 1940)

Михаил Каравелов е роден в село "Трън", Пловдивска област. Той е известен с ролята си в развитието на града и е един от дарителите, които са организирани в конкурса. Той е автор на много произведения, които са организирани в конкурса. Той е автор на много произведения, които са организирани в конкурса.

## Включете се!

Покажете инициатива

В конкурса са включени всички жители на града, които са организирани в конкурса. Те са организирани в конкурса и са организирани в конкурса. Те са организирани в конкурса и са организирани в конкурса.

## Условия

за участие в конкурса

В конкурса са включени всички жители на града, които са организирани в конкурса. Те са организирани в конкурса и са организирани в конкурса. Те са организирани в конкурса и са организирани в конкурса.

## Членове на журито

Жюрието е организирано от Rotary Club Veliko Tarnovo и Община Велико Търново. То е организирано от Rotary Club Veliko Tarnovo и Община Велико Търново. То е организирано от Rotary Club Veliko Tarnovo и Община Велико Търново.



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Tanya Georgieva on...

## The Journey in Doing Service Above Self

### SUMMER ACADEMY FOR GUITARISTS SINGING STRINGS'2023 -D2482

The National Summer Academy for Guitarists "Singing Strings 2023" started with a concert in Gotse Delchev town. The event is an idea of the local Rotary Club with the cooperation of Gotse Delchev municipality. Representatives of the classical guitar schools in Ruse, Pernik, Kazanlak, Sofia, Teteven and, of course, the guitarists from the school in Gotse Delchev led by maestro Ognyan Valev took part.

For many years, the town of Gotse Delchev hosted a guitar competition initiated and organized by maestro Ognyan Valev. This first Summer Academy is an attempt to restore this wonderful tradition.

"We believe that the idea inspired by the Rotary Club and with the support of the municipality will make it possible to revive the classical guitar festival in our city, which was popular in the past in Bulgaria and abroad," said the mayor of Gotse Delchev at the opening of the summer academy, Vladimir Moskov.

The ceremonial opening concert of the academy took place in the hall of the Holy Metropolis of Nevrokop with the blessing of His Eminence, Metropolitan of Nevrokop, Seraphim. The concert was also attended by the deputies Valeri Sarandev and Bogdan Botsev, Prof. Stella Miteva from Sofia University, experts in the field of classical guitar and many citizens.

The days from 1 to 3 September will be remembered with wonderful concerts, friendships and above all with valuable and beautiful music that came out from under the fingers of young guitarists.





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

*From P45*

### SUMMER ACADEMY FOR GUITARISTS SINGING STRINGS'2023 -D2482

The jury members were Prof. Dr. Stella Miteva-Dinkova, the composer Assoc. Professor Rosen Balkanski, guitar teachers from the Music School of the city of Ruse, as well as the teachers from the city of Kazanlak - Stefan Hristov and Mancho Karailiev. The participants in the forum were surprised by the exceptional hospitality and attention shown to them by the Rotarians from Gotse Delchev. Maestro Ognyan Valev deserves credit for the overall pleasant running of the Summer Academy.

### **Kazanlak guitarists also took part in the Summer Academy.**

The end of the summer offered an exceptional musical experience to the guitarists of the classical guitar class at the Folk Community Center "Revived Spark-2000" with teacher Stefan Hristov.

The evaluators and the audience were impressed by the talent and abilities of the Kazanlak guitarists.





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

KARLOVO ROTARY CLUB IS TELLING ABOUT THE SUPPORT BY BULGARIAN ROTARIANS FOR THE VICTIMS OF THE FLOODS -D2482

One year after the disastrous floods in the villages of Karlovo district, people from the damaged houses continue to struggle with the consequences. As the final stage of the Rotary support campaign, one hundred people from the villages of Karavelovo, Bogdan, Slatina, Bogdan and Voinyagovo received vouchers worth BGN 220.

Zeople accepted the gift from the local Rotarians with gratitude and hope. They shared how far they have come with the repairs. One year is both a long time and a short time - it is a long time to live without a home, but it is a short time to rebuild it and forget the horror of the incoming water.

Rotary Club Karlovo together with other clubs from all over the country helped many of the injured people by providing white technic equipment, construction and sanitary materials and food for a year.





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

*From P47*

KARLOVO ROTARY CLUB IS TELLING ABOUT THE SUPPORT BY BULGARIAN ROTARIANS FOR THE VICTIMS OF THE FLOODS -D2482

Every person, as well as every community, experiences moments of crisis. That's the time when it's most necessary to feel

support and a friendly reassurance that everything will be okay. Rotarians are at the right place in the right time - where community needs our positive energy.

Rotary Club Karlovo is a local organization, a member of Rotary International. We are people united around the idea of supporting and developing the community in which we live. Anyone with a good heart and a desire to volunteer is welcome at the Rotary Club. The satisfaction of this kind of activity is incomparable to anything else.

"We, the members of Karlovo Rotary Club, know that we cannot help everyone, but we also believe that everyone can help someone."





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

KAZANLAK ROTARY CLUB IN SUPPORT OF  
THE YOUNGEST-D2482

Kazanlak Rotary Club made a donation for the newborns in the Department of Obstetrics and Gynecology at the local Multispeciality Hospital for Active Treatment "Dr. Hristo Stambolski", club president Ivan Gitev told the Bulgarian Telegraph Agency (BTA).

The donation includes milk for newborn babies, including specialized foods for children with digestive problems. Also latest generation probiotics for newborns, hats and more have been donated. The goods have been provided by Medis Pharma Bulgaria.

The donation was handed over by the president of Kazanlak Rotary Club Ivan Gitev and Atanas Demirov, past president, personally to the manager of the medical facility, Dr. Ketii Manalova - Vladkova, and to the chief midwife, Viktoriia Atanasova.

BTA reminds that at the end of July 2023, Ivan Gitev and his wife Dr. Dragostina Tsocheva - Giteva made a personal donation to the Children's Department of the local "Dr. Hristo Stambolski" Hospital, the funds were collected during their wedding day. They purchased the venoscope device, which is used to more easily detect subcutaneous superficial veins through an image that is projected onto the surface of the skin. In this way, the device helps to reduce the number of wrong venipunctures.



**Rotary**  
Zone 21B



**CREATE HOPE  
in the WORLD**



ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self



### GOLF FOR ROTARY-D2482

On August 5, 2023, for the 11th time in a row, the traditional open tournament for the Rotary Bulgaria Cup was held at the beautifully maintained facilities of our long-term partner Pirin Golf and Country Club.

84 golfers from 6 countries took part in the competition, including Rotarians. The presence of an impressive number of competitors gave them the opportunity to get acquainted with the mission of Rotary, as a global humanitarian organization and, in particular, with the projects of the host club - RK Bansko-Razlog. In fact, the preparation and realization of the tournament was possible with the active work of members of Rotary club Bansko Razlog and PDG Valentin Stoyanov, the main inspiration of this project.

During the opening of the tournament, DG Hristo Mihailovski introduced the main goals of Rotary International to the participants. He pleaded for fair play. The pleasant weather made for a friendly race, and by late afternoon the standings in the general standings looked like this:

1. Nikolay Georgiev, Dimitar Kondev
2. Alex Momchev, Petar Bizhev
3. Simeon Denkov, Zhelyu Borilkov

**Rotary**  
Zone 21B





# ARPIC

## Tanya Georgieva on...

### The Journey in Doing Service Above Self

*From P50*

GOLF FOR ROTARY-D2482

Sponsor of the Grand Prize - a weekend for two in the Sunny Beach summer resort was again the friend Mladen Stoyanov, PHF, past president of RC Stara Zagora. After the awards and cocktail party, participants parted with the promise to meet again next year, sharing Rotary with friends and golfers from near and far.





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

VOLUNTEERS ARE ACTIVELY INVOLVED IN  
THE TRANSFORMATION OF THE CHILD-  
REN'S DEPARTMENT OF THE REGIONAL  
HOSPITAL IN VELIKO TARNOVO  
-D2482

Dozens of volunteers from the Veliko Tarnovo region enthusiastically participate in the repair of the children's department of MOBAL "Dr. STEPHAN CHERKEZOV".

Here, the implementation of the "Firefly" project of the "For the Good" foundation in partnership with the Rotary Club of Veliko Tarnovo and the "America for Bulgaria" foundation is in full run. Side by side, representatives of the initiating organizations, as well as people who heard about the project and decided to join with their labor and skills, were painting, installing furniture and electrical appliances, transporting equipment and furniture.

"Our goal is to improve the conditions in pediatrics in hospitals in Bulgaria and to create a feeling of a hospital that is not a hospital," said Polly Troyanova, member of "For the Good", who is the coordinator of the project for Veliko Tarnovo and for days participates in personal in the renovation.

Over half a million BGN are the investments in the repair, provided entirely by donations of the three organizations.

Many of the country's large chain stores, banking institutions, enterprises, and companies were also attracted to the cause.

The benefactors are convinced that in the new environment the children will overcome the stress and trauma of the stay in the hospital and will manage to completely overcome the feeling of fear and pain.





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

From P52

VOLUNTEERS ARE ACTIVELY INVOLVED IN THE TRANSFORMATION OF THE CHILDREN'S DEPARTMENT OF THE REGIONAL HOSPITAL IN VELIKO TARNOVO -D2482

The deputy regional governor of Veliko Tarnovo, Valentin Mihailov, joined the team of volunteers.

"As a representative of the state administration, I cannot but welcome what is happening in the regional hospital in Veliko Tarnovo. I am happy that soon children from the entire region will be treated in excellent conditions in the coming years," he shared.

A film crew preparing a film about philanthropy in Bulgaria also visited the Department of Pediatrics. It is the work of director and producer Nikolay Urumov.





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

GIRL ON TOP- D2482

Members of the "Bulgarian Shield" Association, together with the Gabrovo Rotary Club, made Vicky's dream come true to be on Mount Shipka. 18-year-old Victoria Predeva from Plovdiv suffers from cerebral palsy.

Upon the group's arrival, thunderous applause rang the glorious peak. Competitors, judges, managers and visitors to the Monument of Liberty gave a standing applause in honor of the 18-year-old girl.

The governor of Gabrovo District, Maria Basheva, congratulated Victoria and emphasized that she can be among the winners of today's competition to climb the stairs to the Freedom Monument. Basheva presented her with a diploma and a puzzle that made up a picture of the top. Plamen Ilarionov, past president of Rotary Club Gabrovo, surprised Victoria with a cake on the occasion of her birthday, which was on August 16.



**Rotary**  
Zone 21B



**CREATE HOPE**  
in the WORLD



# ARPIC

## Tanya Georgieva on...

### The Journey in Doing Service Above Self

*From P54*

GIRL ON TOP- D2482

The gift of "Siela Norma" was presented by the two-time Paralympic champion Hristiyan Stoyanov, who congratulated Victoria and welcomed all the participants.

Victoria Predeva also attended the history lesson in the multimedia hall of the Shipka-Buzludzha National Park-Museum.



**Rotary**  
Zone 21B



**CREATE HOPE**  
in the WORLD



ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

AN INITIATIVE OF GABROVO ROTARY CLUB HAS TURNED INTO A NATIONAL CELEBRATION FOR MORE THAN 10 YEARS - D2482

For more than 10 years, Gabrovo Rotary Club has been at the heart of the Shipka epic celebrations. Gradually, this initiative turned into a national celebration. In addition to the official event with a great dawn, part of the celebration is the speed climb competition of 1000 steps that lead to the Monument, the hikes that start from 3 directions to the top, art activities for children.

Over the years, other organizations and institutions, including Gabrovo District Administration, joined the initiative of the Rotarians as partners. The event is covered by all national media. Members of the Parliament and the Government participate in the official part. The President of the Republic of Bulgaria personally delivers an official speech.





# ARPIC

## Tanya Georgieva on...

### The Journey in Doing Service Above Self



*From P56*

AN INITIATIVE OF GABROVO ROTARY CLUB HAS TURNED INTO A NATIONAL CELEBRATION FOR MORE THAN 10 YEARS - D2482

These year 2023, when it is 140 years since the great Vazov wrote "The Soldiers of Shipka" and 146 years of the SHIPKA EPOPE, with the help of friends, we helped 18-year-old Vicky conquer St. Nicholas peak.

The one who responded to the invitation, our Paralympic champion Hristiyan Stoyanov, wished the children to set themselves a daily goal of small peaks that they manage to conquer, and that these peaks become louder and louder. We thank the friends from the country who joined this initiative of ours, which has existed for more than 10 years.





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

*From P57*

AN INITIATIVE OF GABROVO ROTARY CLUB HAS  
TURNED INTO A NATIONAL CELEBRATION FOR MORE  
THAN 10 YEARS - D2482

Traditionally, friends from: Sevlievo Rotary Club,  
Rousse Danube Rotary Club, Kavarna Rotary Club,  
Sliven Rotary Club, Kazanlak Rotary Club, Stara  
Zagora Rotary Club participated in the celebrations.





ARPIC

Tanya Georgieva on...

## The Journey in Doing Service Above Self

ROTARY CLUB BURGAS-PYRGOS SUPPORTED BURGAS  
ACROBATS - D2482

Sport and solidarity come together. Rotary Club Burgas-Pyrgos made a significant donation to the local acrobatic sports club "Chernomorets". The act is in the scope of "Giving an Opportunity" project of the club.

This initiative highlights the commitment of the Burgas-Pyrgos Rotary Club to youth development and community support.

Chernomorets acrobatics club was established in 2018 and during the short period of its existence it has established itself as a leading place for training and competitions in the field of acrobatics in the country. However, this success would not be possible without the support of the community and partners who understand the importance of sport and its positive contribution to youth development.

The Burgas-Pyrgos Rotary Club has always welcomed the opportunity to support education and sports in our city of Burgas," says Takvor Zakarian, president of the Burgas-Pyrgos RC. "With our donation, we hope to help the Acrobatic Sports Club continue to inspire its young athletes and prepare them for a brighter future."

The Rotary donation is directed towards the purchase of new sports equipment for the young acrobats.





# ARPIC

## Tanya Georgieva on...

### The Journey in Doing Service Above Self

#### ROTARY CLUB OF VARNA-D2482

In the month of chess, Rotary Club Varna traditionally sponsored the holding of the 48th edition of the "Seahorse" chess tournament for children, part of the BFS calendar.

In the tournament between 21-27.08.2023 170 children from Bulgaria, Ukraine and Kazakhstan participated.







## ARPIC Ljiljana Lajnovic on...

### The Journey in Doing Service Above Self

#### XIII ROTARY SUMMER PARTY NATIONAL ROTARY DAY OF MONTENEGRO-D2483

On Saturday, August the 26th 2023, at the Citadela fortress in the Old Town of Budva, was held the XIII Rotary Summer Party organized by Rotary Club of Budva, also the National Rotary Day of Montenegro. During traditional summer gathering of Rotarians, there were 150 guests, Rotarians, members of their families, friends and business partners from 32 clubs from District 2483 and districts from nearest surrounding: RC Budva, RC Ulcinj-Ulqin, RC Podgorica, RC Bijelo Polje, RC Kotor, RC Pljevlja, RC Bar,

E Club of Montenegro, RCT of Budva, Podgorica and Pančevo, RC Beograd, RC Beograd Skadarlija, RC Beograd International, RC Beograd „Nikola Tesla“, RC Beograd Stari grad, RC Beograd Avala, RC Beograd Global, RC Pančevo „Mihailo Pupin“, RC Novi Sad Neoplanta, RC Sombor, RC Kruševac, RC Smederevo, RC Zrenjanin, RC Čačak, RC Zagreb Zrinjevac, RC Kaštela, RC Rijeka, RC Brač, RC Bijeljina, RC Nördingen from Germany and RC Shkodër from Albania.





### The Journey in Doing Service Above Self

Mr. Pero Duletić, the president of RC Budva, welcomed all guests and wished them pleasant evening. Mr. Aleksandar Radojičić, the governor of the District 2483, also spoke during the opening of the ceremony, pointing out one more time contributions of activities of Rotary club of Budva to the local community and to the D2483. Before the ceremony, the governor had the official meeting with the members of RC Budva, where he was introduced with the agenda of RC Budva for the 2023/2024 Rotarian year.

From P61

XIII ROTARY SUMMER PARTY  
NATIONAL ROTARY DAY OF MONTE-  
NEGRO-D2483



The summer gathering of Rotarians in Budva become the tradition, this time also dedicated to the mission of serving above self. This time, fundraising was organized for the procurement of the instrument for the speech therapy center of the local kindergarten "Ljubica Jovanović Maše" in Budva. About the importance of the speech therapy from the earliest age spoke Mrs. Mirjanka Jović, the speech therapist from the Budva's kindergarten, highlighting the fact that there is increased need for such support among the children today and that the new "Beringer" instrument for Budva's kindergarten will help that all children with speech issues get the prompt and adequate support. According to that, with personal and clubs' donations, during the painting auction and taking part in the humanitarian lottery, Rotarians fundraised 6.600 euros for the mentioned instrument.



ARPIC

Ljiljana Lajnovic on...

## The Journey in Doing Service Above Self



*From P62*

XIII ROTARY SUMMER PARTY  
NATIONAL ROTARY DAY OF MONTE-  
NEGRO-D2483

The Rotarians gathering includes good entertainment, too. For this occasion, members of RC Budva preformed the dance of surprise for all the guests, sharing with them their singing talents as well. The peak of the night was the dance competition, where all guests show their dance abilities. Inspired masters of ceremony were Milijana Vukotić Jelušić and Aleksandar Jovanović, Rtn.-s, introducing the guest not only with the details of the RC Budva's history, but also with the information of importance for the Budva and the Citadela location, where the party took the place for the first time.



**Rotary**   
Zone 21B



ARPIC

Ljiljana Lajnovic on...

## The Journey in Doing Service Above Self



*From P63*

XIII ROTARY SUMMER PARTY  
NATIONAL ROTARY DAY OF MONTE-  
NEGRO-D2483

The band "Axel Trio" and Željko Vasović from the "Gradska muzika Budve" (City Orchestra) contributed the evening, as same as the local broadcaster RTV Budva. Traditional gathering of Rotarians night before the ceremony at the "Jadran kod Krsta" restaurant preceded the main event.



**Rotary**  
Zone 21B





ARPIC

Ljiljana Lajnovic on...

## The Journey in Doing Service Above Self



From P64

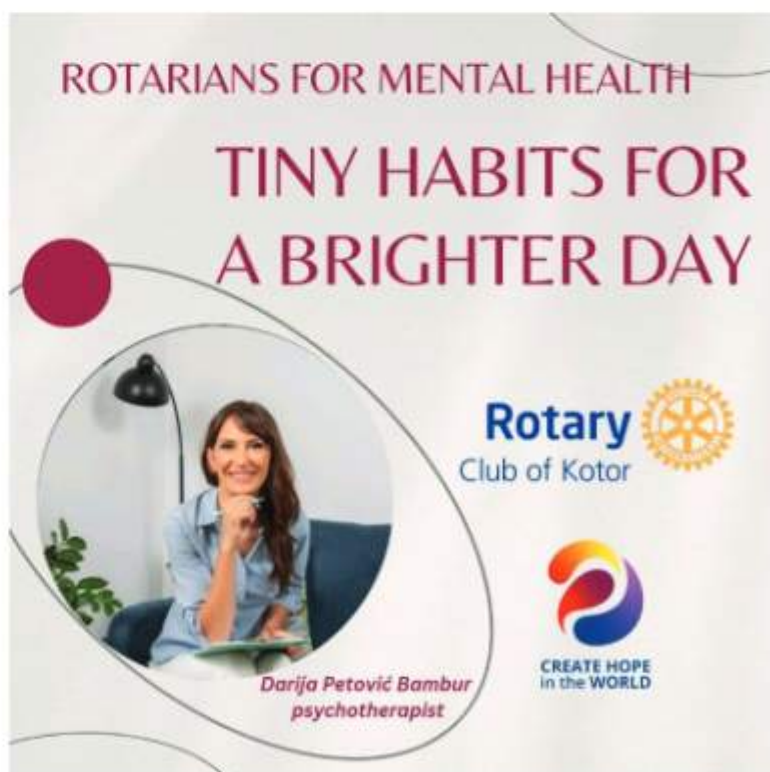
XIII ROTARY SUMMER PARTY  
NATIONAL ROTARY DAY OF MONTE-  
NEGRO-D2483



### "ROTARIANS FOR MENTAL HEALTH: TINY HABITS FOR BETTER DAY"-D2483

RC Kotor from D-2483 started campaign "Rotarians for mental health: Tiny Habits for better day", as their contribution in mental health care, as one of the priorities in Rotary "Create Hope in the World" year. Following short video forms created by their member psychologists Darija Petrovic Bambur, goal is to encourage people to think and take care about their mental health.

This campaign has been launched with the intention to spread to general public and local communities, cost less, science-based practices and resources, which can be helpful to take care about our mental hygiene, empower our stress resistance and nurture meaningful relationships to other people on a daily basis.



Rotary  
Zone 21B



# What's been happening...



Zone 21B

BAHRAIN: THE ROTARY CLUB OF MANAMA  
DONATED 50 ELECTRIC BREAST PUMPS

In line with the month of July themed as Maternal and Child Health Month in the Rotary International calendar the Rotary Club of Manama donated 50 electric breast pumps to the primary health centers in Bahrain for distribution for expectant mothers."





# What's been happening...



## Zone 21B

36TH DARDANELLES SWIMMING COMPETITION  
SUCCESSFULLY COMPLETED ON 30 AUGUST 2023

Canakkale Rotary Club Dardanelles Swimming Competition, which is considered the oldest swimming competition in the world in Çanakkale, where the greatest epic of the glorious Turkish history was written, has been bringing international athletes together for 36 years in peace and well-being on the route drawn from Europe to the Asian continent. The swimmers competed in 28 different categories: General Classification, General Classification Women, General Classification Men, Paralympics and age categories. This year, 2 special athletes (swimmers), 6 disabled swimmers and Kürşat Tuzmen, a former Minister, participated in the competition. In addition, Aysu Türkoğlu, who holds the record for the first Turkish woman and the youngest athlete to cross the English Channel and the North Channel, also participated in the competition.





# What's been happening...



## Zone 21B

36TH DARDANELLES SWIMMING COMPETITION  
SUCCESSFULLY COMPLETED ON 30 AUGUST 2023

*From P67*

Canakkale Rotary Club Dardanelles Swimming Competition, which broke new ground, broke new ground once again this year and one of our female swimmers came first in the general classification. At the same time, one of our 82-year-old swimmers came first in his age category, proving that sports and the spirit of sportsman can stay alive at all ages.

This year, 881 swimmers from 19 different countries registered to swim across the Dardanelles (680 Domestic, 201 International), 830 people received their chips, 804 people entered the sea, 8 people were disqualified, 796 people successfully completed the race. This is a record 99% success.





# What's been happening...



## Zone 21B

36TH DARDANELLES SWIMMING COMPETITION  
SUCCESSFULLY COMPLETED ON 30 AUGUST 2023

*From P68*

5 coast guards, 4 maritime police, 1 AFAD boat, 1 ambulance boat, 10 fast boats, 1 fast boat, 65 fishing boats, 40 canoes, a total of 127 sea vehicles from public and private institutions accompanied our swimmers, 400 personnel, 25 volunteers, Çanakkale Rotary Club members, spouses and children, Çanakkale Rotaract Club members, Wilusa Tourism Company employees took active roles, and considering the preparations for the race, approximately 1000 people were involved in this project.





# What's been happening...



## Zone 21B

36TH DARDANELLES SWIMMING COMPETITION  
SUCCESSFULLY COMPLETED ON 30 AUGUST 2023

*From P69*

District 2440 DG Ayda Özeren, DGE Mert Korur, DGN Adnan Sözeri, Rotarians from various Clubs, Zone 21B Public Image Coordinator Altan Arslan, ARPIC Alaeddin Demircioğlu, ARPIC Maria Mastora and PARPIC Maria Delivoria from Greece and ARPIC Tanya Georgieva from Bulgaria also watched the races with a group of Rotarians from Nigeria.

Canakkale Rotary Club is proud accomplish this sustainable competition for the 36th time.





# What's Poppin'...

Watch Out for the...

## SHARING HOPE WITH THE WORLD

SINGAPORE  
25-29 MAY 2024

#Rotary24



### About the event

#### 2024 Rotary International Convention - Singapore

Join the Rotary family in Sharing Hope With the World as we come together in Singapore for the 2024 Rotary International Convention, 25-29 May.

Visit [convention.rotary.org](https://convention.rotary.org) to register and pay before 1 June 2023 and enjoy limited-time savings for Rotary's biggest event of the year.

In Singapore, we'll take ideas built upon hope and turn them into action as we discover new ways to create lasting change in our communities. We'll enjoy opportunities to renew relationships made at previous conventions and create new ones together as we set our course toward a better future.



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